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LENT, THE PAIN CAVE, AND A GOSPEL FULL TO THE BRIM.

In 2002, my husband and I had the privilege of attending the Salt Lake City Winter Olympic Games. It was an amazing experience and fully solidified my deep love of the Olympic Games. We felt the wind from the passing doubles luge, walked along the cross country course cheering the skiers, stood at the bottom of a mountain at the end of the Super G course feeling the cold touch of snow as the skiers skidded to a stop, and sat among a rowdy group of Canadian hockey players when Canada played Sweden in the quarter finals.

The Olympics Games are magical a place where the human spirit is at its most raw and most determined.

This year's Beijing Winter Olympics did not disappoint, well, the media coverage did (as usual), but the stories of pain, determination and celebration triumphed above the fray of crying ice skaters and political posturing. Most notable is crosscountry skier Jessie Diggins who won America's final medal of the 2022 Winter Games. She embodies why the Olympics still matter and still inspire.

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Cross Country skiing is tremendously difficult: like running a marathon, except much more painful. Diggins has said that, when she races, she inevitably enters what she has termed "the pain cave," a space in her mind that's been carved out by the combined force of her suffering and her willpower. The pain cave was at its deepest in her last event. To begin with, it was miserably cold, and Diggins had her own special problem to contend with: 30 hours before the race began, she had contracted food poisoning. It was perhaps because of this that her legs started to cramp up after 13 kilometers, forcing her to ski the final 17 kilometers in physical agony. After the race, she said that, when she collapsed across the finish line, she felt like she was going to die.

And yet Diggins didn't die, and Diggins didn't quit, even though you or I, had we been in her skis, would likely have both quit and died. That's the difference between Olympic heroes and people like you and me: Journalist Justin Peters says it so well:

"There is something elegant and transcendent



They choose to head straight into the pain cave, again and again.

Diggins kept going, and she skied so well that she crossed the finish line less than two minutes after winner Therese Johaug of Norway. Her silver medal was America's highestranking individual crosscountry finish since 1976. and primally human in the image of Jessie Diggins trudging endlessly around a frigid snow circle, with cramping legs, in freezing weather, having just had food poisoning, after already skiing five other races over the course of the Olympics. The Games help us realize that, if Jessie Diggins didn't collapse, then maybe you and I can summon the strength to keep going and that maybe, if we just keep pressing forward through our own pain caves, there will ultimately be some reward for us too."

Christians are about to enter their own pain caves - the season of Lent. Whereas for many of us, this time will not resemble a cross-country race in the freezing cold after having food poisoning, however, to the pain cave we go. Our pain cave will be full to the brim this season - full of God's abundant and expansive grace. In this place, we will meet Jesus where the prodigal son comes home, where a fig tree is nurtured with care and hope, where precious oil is poured out lovingly and freely, and where stones cry out with praise.

Get your skis ready.

Your pastor for the journey,

Rev. Stacee

NEWS FROM THE CHILDREN'S DEPARTMENT

All children Preschool through 5th Grade are invited on a journey this Lent! Love Life, Live Lent. We will travel together for the next weeks leading up to Easter, learning about Jesus and all the events that led up to the Resurrection. We'll be meeting on Sunday mornings at 10:30AM upstairs in the Children's Wing.

THE EASTER EGG FELLOWSHIP will be on Saturday, April 16 at 1PM. Rain or shine, we will be wrapping up the Lenten season and exploring the true miracle of Easter. Oh ya, there will be eggs to find, too! Invite your friends, neighbors and relatives to this Fun Family Fellowship!



OUR CHILDREN'S RETREAT

Well, our streak has been broken! We had absolutely gorgeous sunny weather for our Children's Winter Retreat! There were many "first timers" this year and everyone got to know each other a little better. When God and nature come together, blessed times are always near.

SPRING CHALLENGE:

YOUTH GROUP SCHEDULE:

Lent is here! During this new season, we will be making changes to our Sunday School and Youth Group activities. All students (6th Grade through 12th Grade) will meet in the Youth Room (Room 103) for a shared lesson with a grade specific discussion group.

During the 1st and 3rd Sunday of the month, we will have a meal and a youth activity for students until 1:30PM. If parents are unable to pick up their students after Sunday School or Youth Group, Trisha is offering rides home in the church van. From March until Graduation Sunday, we are challenging our youth to memorize the Lord's Prayer, the books of the Bible, and the Apostle's Creed. We will be working on these during Sunday School and Youth Group, but we will be challenging students to use these tools in their everyday faith practice.

On March 14 students may begin reciting these tools to Jeff Deethart, Holly Easterbrook or Trisha. When they successfully complete each step, they will receive a reward.

Students will receive a card to mark their progress and to keep track of their accomplishments throughout the spring semester. The following are some of the rewards students can look forward to:

LORD'S PRAYER: Snack of their choice brought to Sunday School or Youth Group

BOOKS OF THE NEW TESTAMENT: \$5 Gift Card (to the place of their choice)

BOOKS OF THE OLD TESTAMENT: \$5 Gift Card (to the place of their choice)

ALL THREE PLUS THE APOSTLE'S CREED: A new Bible or a book of their choice

Any questions, please see Trisha or email her at discipleship@gracemethodist.org.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	² ASH WEDNESDAY! Start of Lent! Service 7 PM at Grace	3	4	5 ROBBY'S BIRTHDAY!!!
6 COMMUNION SUNDAY No Sunday School Youth Group @ 1145 Room 103	7	8	9	10	11	12
13 SUNDAY SCHOOL 10: 30 AM Room 103	14	15	16	17	18	19 MOVIE DAY! @wonderland theater in Niles Leave at 1145 am from Grace
20 SUNDAY SCHOOL 1030 AM in Room 103 YOUTH GROUP/ FELLOWSHIP 11:45am -1:30pm	21	22	23	24	25 MEGAN'S BIRTHDAY!!	26
27 SUNDAY SCHOOL 10: 30 AM Room 103	28	29	30	31 RICHARD'S BIRTHDAY!!!		
APRIL 3 COMMUNION SUNDAY No Sunday School Youth Group @ 11:45 Room 103		1	2	3	4	5

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WORSHIP FOCUS FOR THE SEASON OF LENT

- MARCH 6, 2022 | IST SUNDAY IN LENT Service of Holy Communion & Baptism THEME | Full to the Brim { Even in the desert SCRIPTURE | Luke 4:1-13; Deuteronomy 26:1-11 PREACHER | Rev. Stacee
- MARCH 13, 2022 | 2ND SUNDAY IN LENT THEME | Full to the Brim { Under God's wing SCRIPTURE | Luke 13:31-35; Psalm 27 PREACHER | Rev. Stacee
- MARCH 20, 2022 | 3RD SUNDAY IN LENT THEME | Full to the Brim { You are worthy SCRIPTURE | Luke 13:1-9; Isaiah 55:1-9 PREACHER | Rev. Stacee
- MARCH 27, 2022 | 4TH SUNDAY IN LENT THEME | Full to the Brim { Prodigal grace SCRIPTURE | Luke 15:1-3, 11b-32; 2 Corinthians 5:16-21 PREACHER | Rev. Stacee

MARK YOUR CALENDARS FOR HOLY WEEK SERVICES:

MAUNDY THURSDAY Ecumenical Service of Holy Communion APRIL 14 | 7PM

GOOD FRIDAY Ecumenical Service at the Cross APRIL 15 | TIME & LOCATION: TBD

EASTER SUNDAY Service of Resurrection APRIL 16 | 9AM & 10:30AM with fellowship time in-between

OUR SYMPATHY IS EXTENDED TO THE FRIENDS AND FAMILIES OF:

Arlene Schrader Wayne Smith



Raggedy Ann Preschool is now taking registrations for the 2022-2023 school year. If you have any questions, or would like a registration form, please call the church office at 574-288-4789 or email raggedyann@gracemethodist.org.

JPCOMING EVENTS

SUNDAYS

9AM | Virtual & In-Person Worship Service 10:30AM | In-Person Worship Service 10:30AM | Sunday School for all ages MONDAYS 11:30AM | Book Study 1PM | Pilgrimage Healing Appointments 7PM | A.A. WEDNESDAYS 7:30AM | Bible Study THURSDAYS 5PM-7PM | Baller Opportunities 7PM | Choir Reheasal FRIDAYS

5PM-7PM | Baller Opportunities 7:30PM | A.A. MARCH 5 8AM | Men's Breakfast MARCH 6 11:45AM | Youth Group MARCH 10 1:30PM | Merry Missions Circle MARCH 12 10AM-12PM | Paper Pantry MARCH 19 11:45AM | Youth Movie Day MARCH 20 11:45AM | Youth Group MARCH 22 6PM | Graceful Friends

If you currently contribute to Grace UMC through eGiving or Tithely, please note that we plan to do away with these platforms. We are encouraging everyone to visit Breeze at http://sbgrace.breezechms.com/give/ online to set up a giving plan. There is also a texting option. You can text 574-444-3044 and follow the promps. If you have any questions, or need assistance, please call the church office at 574-288-4789.

AMAZING GRACE NEWSLETTER



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